

THE OREGON STORY

Building a state-wide Player Safety Model


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THE IMPETUS



National Federation of State High School Associations

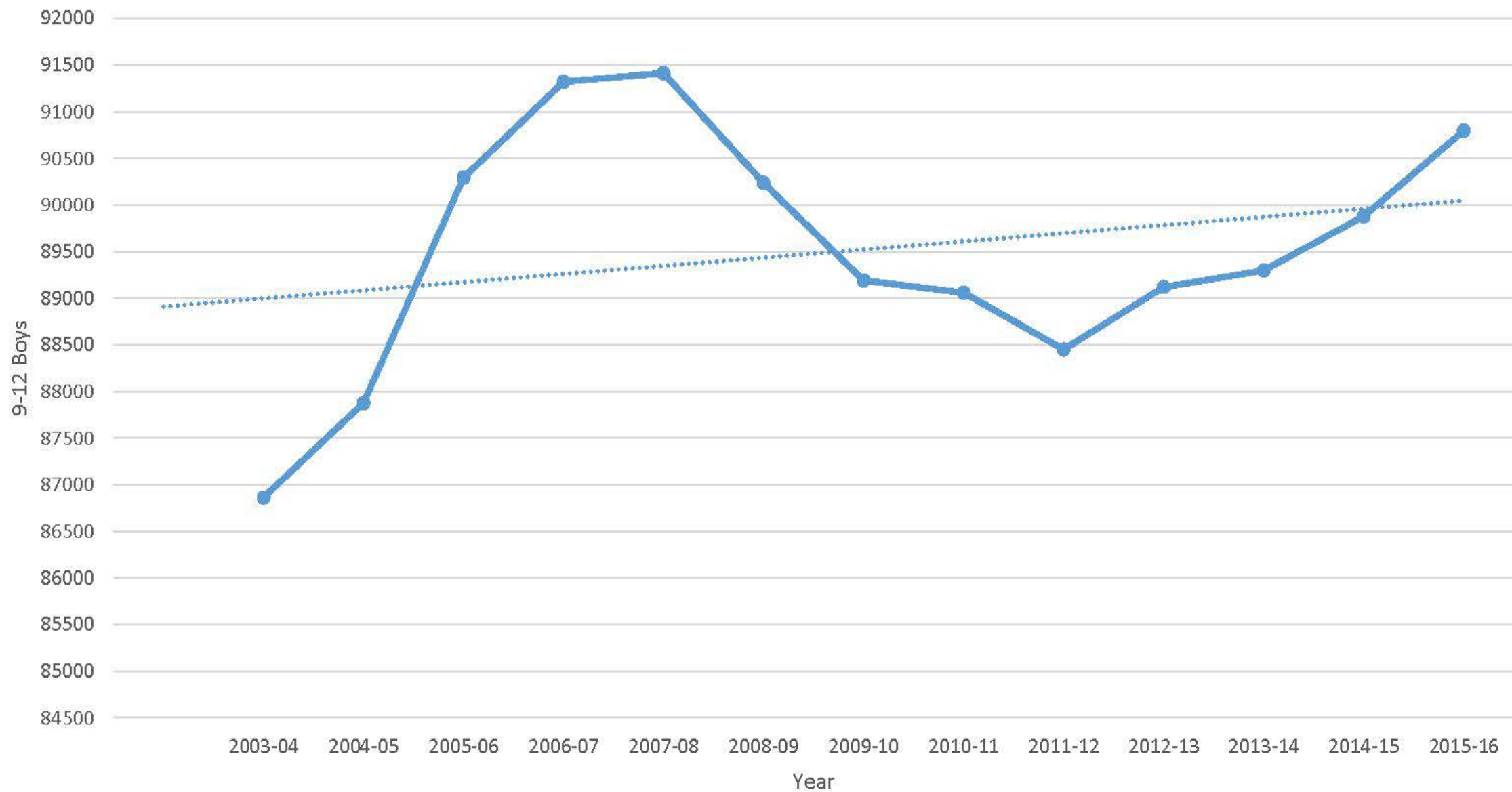


Recommendations and Guidelines for Minimizing Head Impact Exposure and Concussion Risk in Football

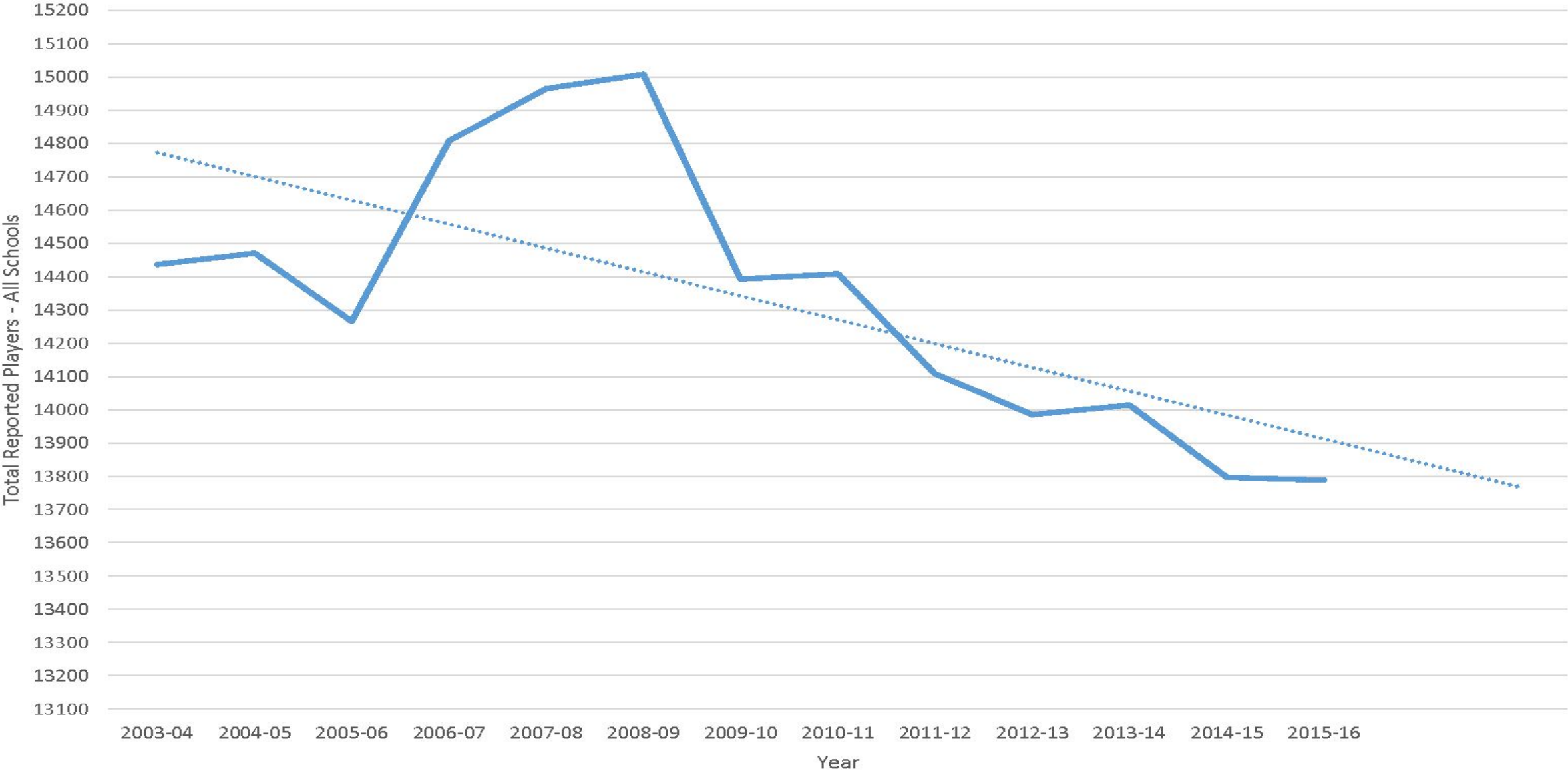
National Federation of State High School Associations (NFHS)
Report from the July 2014 NFHS Concussion Summit Task Force

The National Federation of State High School Associations (NFHS) and its member associations

9-12 Male Enrollment in Oregon Schools - 50% Estimate 2003 - present



Oregon 9-12 Football Participation 2003 - present



IMPLEMENTATION TIMELINE

- July 2014
 - Terry Summerfield gives a Heads Up presentation to Executive Board at their summer workshop to introduce the program.
- Sept 2014
 - OSAA Executive Board reviews first reading of policy requiring all football coaches to be Heads Up certified and each school has a PSC.

IMPLEMENTATION TIMELINE

- Oct 2014
 - Delegate Assembly caucuses the question regarding adding the policy and sends questions and concerns to the Board for review.
- Feb 2015
 - Board has final discussion regarding member school concerns (cost, indemnification, frequency of training, etc.) and potential implementation timelines.

IMPLEMENTATION TIMELINE

- May 2015

“The OSAA requires that any football coach complete the USA Football Heads Up Certification prior to assuming coaching duties and to recertify annually prior to the beginning of each Association year. Additionally, each member school sponsoring football is required to identify a Player Safety Coach. Each Player Safety Coach is required to attend an in person clinic annually prior to the start of the Association year that is conducted by a USA Football Master Trainer in preparation for implementing and overseeing the primary components of Heads Up Football at their school.”

CERTIFICATION CONSIDERATIONS

- All required online courses integrated on one platform
- Development of PSC Workshop schedule that provides multiple opportunities to meet requirement
- Development of online tool for athletic administrator's to track accountability.



High School Heads Up Football Certification

The NFHS and USA Football Heads Up Football High School Coach Certification is part of the sport's most comprehensive high school player safety programs. Made up of four courses, the NFHS-USA Football Heads Up Football High School Coach Certification teaches concussion recognition & response, heat preparedness & hydration, sudden cardiac arrest, proper equipment fitting and heads up tackling and blocking techniques.

Coaches will learn from football experts including Mike Singletary and Jeff Saturday as well as experience implementations of Heads Up Tackling in game and practice tape from top high schools and college teams.

Blocking, Shoulder Tackling & Equipment Fitting [View Course](#)

Concussion in Sports [View Course](#)

Heat Illness Prevention [View Course](#)

Sudden Cardiac Arrest [View Course](#)

Resources

NFHSLEARN.COM ONLINE CERTIFICATION

PSC WORKSHOPS

- State was divided into 5 geographic regions
- “Goal state” was to have multiple opportunities in each region
- Conducted 16 total clinics in 2016 from Feb through Aug
- Outstanding support from USA Football staff in helping to coordinate registration and Master Trainers.
- Huge benefit to have Terry Summerfield as a part of the implementation team.

ACCOUNTABILITY

- OSAA and NHFSLearn connected via API
- AD has the ability to access real time data related to course completion.
- Member schools are obligated to “self-report” certification violations and are subject to fine, forfeiture, and sanction per OSAA Rule 5.

NEXT STEPS

- Begin second phase of implementation plan – Oregon Youth Football Summit.

2017 Oregon Youth Football Summit



Sunday, April 9, 2017 - Holiday Inn, Wilsonville

THANK YOU!